# **Introduction to Birding in Jackson County**

### Why Jackson County?

Jackson County is situated in southern Illinois, between the Mississippi and Ohio Rivers. It is 600 miles south of Chicago and 100 miles southeast of St. Louis. Carbondale is the largest city with 26,000 fulltime residents, bolstered by 17,000 students when Southern Illinois University is in session.

Jackson County has many geographical features which contribute to a wealth of avian attractions. The Mississippi River forms the western boundary of the county, and the fertile Mississippi floodplain forms a swath two to seven miles wide east of the river. Bald Eagles, waterfowl, and migrating shorebirds are all found here. Some of these floodplains contain hardwood and cypress swamps, alive with Wood Duck, owls, and woodpeckers. The Shawnee Hills are characterized by the bluffs, canyons, and rolling hills which cover the southwestern and southern portions of the county. Much of this area lies within the protection of the Shawnee National Forest, state parks, and other recreation areas. Look for flycatchers, warblers, tanagers, and other passerines in these beautiful natural areas.

The north-central and north-east portions of the county have reclaimed lands from past strip-mining activity. This area now sports a good mixture of ponds, fallow fields, agriculture, and woodlots which attract raptors, waterfowl, and sparrows. Specialties here include wintering Short-eared Owl and breeding Grasshopper Sparrow. A bit of exploration may turn up breeding Henslow's Sparrow and rare wintering Le Conte's Sparrow, too.

Jackson County lies in the climatic zone known as "humid subtropical." The summers are hot and humid, and the winters are generally mild. The average high in July is 89 degrees Fahrenheit; the average high in January is 42. The most rainfall comes in the spring; May averages 5.37 inches.

The Mississippi Flyway crosses Jackson County, resulting in a great migration spectacle every spring and fall. Lowland and upland forests provide outstanding habitat for these migrants to rest and feed, and during late April it's not uncommon to tally 20 species of warblers during a typical day. During "fallouts" the warbler count has exceeded 30 species!

Listed below are two lists of warblers that frequent Southern Illinois. Most of these warblers are woodland warblers, and many prefer a special niche. For example, look for American Redstart and Prothonotary Warblers in swampy woods. Search for Prairie and Blue-winged Warblers in emergent woodland and brushy areas. Refer to field guides and on-line references to research the best habitats.

#### Common Warblers

American Redstart Black-and-white Warbler Black-throated Green Warbler Blackpoll Warbler Chestnut-sided Warbler Common Yellowthroat Hooded Warbler Kentucky Warbler Louisiana Waterthrush Nashville Warbler Northern Parula Northern Waterthrush Ovenbird Palm Warbler Pine Warbler Prairie Warbler Prothonotary Warbler Tennessee Warbler Worm-eating Warbler Yellow Warbler Yellow-breasted Chat Yellow-rumped Warbler Yellow-throated Warbler

#### Less Common Warblers

Bay-breasted Warbler Black-throated Blue Warbler Blackburnian Warbler Blue-winged Warbler Canada Warbler Cape May Warbler Cerulean Warbler Connecticut Warbler Golden-winged Warbler Magnolia Warbler Mourning Warbler Orange-crowned Warbler Swainson's Warbler Wilson's Warbler

# Seasonal Birding Calendar

- January Look for hawks, owls, and other northern visitors
  - Raptors are common in the agricultural and strip-mining lands. Check the Mississippi bottomlands for Northern Harrier and Bald Eagle. Check reclaimed strip-mining areas for Rough-legged Hawk and Short-eared Owl.
  - Eastern Screech-Owl, Barred Owl, and Great Horned Owl call in preparation for breeding.
  - During cold winters, especially after a blanketing snow, look in fallow farm fields for Lapland Longspur and Snow Bunting.

#### February

- The first Purple Martins return to scout out nesting areas.
- During wet winters, this is a good opportunity to view waterfowl in the Mississippi bottomlands from the levees south of Grand Tower and north of Gorham. If the season has been dry, search the fields and lakes in the strip mining areas north of Murphysboro and De Soto. Keep an eye out for Trumpeter and Tundra Swans, and five species of geese.
- American Woodcock begin their aerial display flights and start "peenting."
- March
  - Most of the wintering waterfowl start heading north out of the area; look for migrating waterfowl in the bottomlands, on Cedar and Kinkaid Lakes, and on the Carbondale Reservoir. Look for Common and Red-breasted Mergansers. An exception is Blue-winged Teal, which only start to arrive in good numbers at the end of March, and continue northward through early May.
  - Early spring migrants like Pectoral Sandpiper, Pine Warbler, Tree Swallow, and Louisiana Waterthrush arrive from the south.
  - Residents begin to sing and breed. Listen for the first songs of Brown Thrasher and Eastern Towhee in early March.
- April Height of migrant activity
  - Migration is at its peak during the last week of April. Some of the best places to check for flycatchers, thrushes, vireos, and warblers are Oakwood Bottoms, Little Grand Canyon, the Pomona area, and Giant City State Park.
  - Look for north-bound shorebirds at the Big Muddy Wetlands and in flooded farmlands close to Jacob and Neunert.
  - Summering Wood Thrush, Scarlet Tanager, and Wormeating Warbler return to rich woodlands; check Little Grand Canyon and Clear Creek Wilderness.
  - The first Mississippi Kites return to breed and are often spotted from the Big Muddy Levee or from Hickory Ridge Road. Look for them soaring or perched on dead snags.
- May Migration still going strong
  - Continue to check parks, tree-filled neighborhoods, and the Shawnee National Forest for warblers and flycatchers.
  - Beginning the first or second week of May, watch for slightly later-arriving migrants. These "late" warblers include Mourning, Magnolia, Wilson's, and Canada. Late flycatchers to look for include Adler, Willow, and Least. Black-billed Cuckoo also passes through in late May.

- June Search for lingering spring migrants, vagrants, and a wealth of breeding birds in the Shawnee National Forest.
- July and early August Shorebirds fly south
  - Continue to search for breeding birds; many of them are still singing and calling at dawn and in the early morning.
  - The first of the southbound migrants start to show up, especially among the shorebirds.
  - Fledglings are common and may resemble nothing at all found in your field guide.
  - Look for northward-dispersing vagrants like Scissortail Flycatcher, Brown Pelican, and waders in agricultural areas and flooded bottomlands.
- Late August and September Fall migration in full swing
  - Look for migrating passerines throughout the area.
  - Shorebirds still streaming through in good numbers; check for rarities like Marbled Godwit, White-rumped Sandpiper, and American Avocet.
  - The first ducks and geese return to the area.
- October Look for fall vagrants and returning winter residents
  - Sapsuckers, sparrows, and other wintering birds return, taking up residence in towns, old strip-mining lands, and in forests throughout the county.
  - Wintering sparrows to look for include Swamp, Fox, Whitecrowned, White-throated, and rarely, Harris's.
- November
  - Snow, Ross's, and White-fronted Geese are heading south; many overwinter in the Mississippi bottomlands.
  - Thousands of Mallards and Northern Pintail will pass through or winter at Oakwood Bottoms.

### December

- Check for unusual gulls along the Mississippi River, Kinkaid Lake, and at Carbondale Reservoir.
- Especially during cold winters, look for Purple Finch and Pine Siskin at feeding stations. Historically, other northern finches also came south, so always be on the lookout.
- Join a Christmas Bird Count to look for wintering regulars and rarities.

# **Target Birding in Jackson County**

Visitors to a new area often wish to know where and when they can find a particular species. For example, where can I find Pileated Woodpecker or Kentucky Warbler, and when is the best time to look for them? The chart below indicates the most likely locations and seasons to find some of the more sought-after target species.

The checklist is in American Ornithological Union order (7th Edition, 57th supplement, July 6, 2016). This ordering of species places the most primitive birds first and the most recently evolved species last.

Status codes are:

- C Common, usually found 3 out of every 4 visits
- U Uncommon, usually located only 1 out of every 4 visits
- $\mathbf{R}$  Rare, usually not seen, and may be absent some years
- V Vagrant, usually seen only once or twice in a decade; often a lost "visitor" from the eastern or western United States

SPECIES	BEST LOCATION(S)	BEST SEASON	STATUS
Hooded Merganser	Knight Hawk Mine	summer	С
Northern Bobwhite	Reclaimed strip mines	late spring	С
Wild Turkey	Big Muddy Levee Pomona Area	early spring	С
Yellow-billed Cuckoo	Oakwood Bottoms	early summer	С
Chuck-will's-widow	Cedar Lake	late spring	U
Black-necked Stilt	Mississippi Bottomlands	spring	С
American Golden Plover	Mississippi Bottomlands	early spring	С
Pectoral Sandpiper	Flooded bottomland fields and wetlands	migration	С
American Woodcock	Oakwood Bottoms Strip mine areas	early spring (Feb-Mar)	С
Least Tern	Mississippi Bottomlands	late spring	R
Black Vulture	Mississippi Bottomlands	all year	С
American Bittern	Oakwood Bottoms	spring	R
Yellow-crowned Night Heron	Oakwood Bottoms	spring	U
Mississippi Kite	Big Muddy Levee	summer	С
Bald Eagle	Big Muddy Levee	winter	С
Red-shouldered Hawk	Oakwood Bottoms	all year	С
Eastern Screech-Owl	Hickory Ridge Road	spring	U
Barred Owl	Oakwood Bottoms	summer	С
Yellow-bellied Sapsucker	Evergreen Park Giant City State Park	winter	U
Pileated Woodpecker	Giant City State Park Oakwood Bottoms	all year	С
Red-headed Woodpecker	Thompson Woods Lake Murphysboro State Park	all year	С

SPECIES	BEST LOCATION(S)	BEST SEASON	STATUS
Acadian Flycatcher	Pomona Natural Bridge Little Grand Canyon	spring and summer	С
Great-crested Flycatcher	Giant City State Park	summer	C
Carolina Chickadee	Evergreen Park	all year	С
Carolina Wren	Evergreen Park	spring	С
Sedge Wren	Big Muddy Levee	August	R
Wood Thrush	Giant City State Park	summer	С
Worm-eating Warbler	Pomona Area Clear Springs Wilderness	spring	С
Louisiana Waterthrush	Giant City State Park	early spring	C
Prothonotary Warbler	Oakwood Bottoms	spring	С
Kentucky Warbler	Little Grand Canyon Giant City State Park	spring and summer	С
Hooded Warbler	Clear Springs Wilderness	late spring	U
Ovenbird	Pomona Natural Bridge	spring	U
Grasshopper Sparrow	Knight Hawk Mine	summer	U
Swamp Sparrow	Oakwood Bottoms	winter	С
American Tree Sparrow	Shrubby strip mine areas	winter	U
Summer Tanager	Giant City State Park Lake Murphysboro State Park	spring and summer	С
Scarlet Tanager	Little Grand Canyon Lake Murphysboro State Park	spring	U
Blue Grosbeak	Pomona area Big Muddy Wetlands	summer	С
Indigo Bunting	Giant City State Park Big Muddy Levee	spring and summer	С
Dickcissel	Big Muddy Levee Grassy strip mine fields	spring and summer	С
Orchard Oriole	Big Muddy Wetlands Evergreen Park	spring	С

## **Birding on Private Land**

Some of the sites listed in this book border private property. Please do not trespass without permission of the property owner. Being courteous and asking first will smooth the way for continued access to many of these productive sites.

## **Birding References**

The best reference, which includes information on Jackson County, is *Southern Illinois Birds: An Annotated List and Site Guide*, by W. Douglas Robinson, 1996, The Southern Illinois University Press.

If you have any suggestions or comments about this guide, please send them to Henry Detwiler at: <u>henrydetwiler@earthlink.net</u>

### **Chapter Layout**

Each chapter is organized in the same way, with descriptions of the most common habitats, target birds you might wish to search for, a general description of the area, one or more maps of the area with numbers and letters that pinpoint birding locations, descriptions of the birding locations themselves, driving directions, and specific site notes for the area.

Under the "Target Birds" heading will be birds that you are likely to find at this location. Winter covers the months of December through March; spring is March through May; summer is June through August; fall is September through November. *Resident* means the bird is likely to be found at the location year-round, and probably breeds there. *Migration* means the bird is found there during either the northern migration in March, April, or May, or during the southward migration in September, October, and early November. *Winter* means the bird winters in the area from December through February.

Under the "Driving Directions" I've tried to be as specific as possible, and get you to the birding location in the most direct fashion. However, it is good practice to consult an official road or topographical map and use a GPS. A few of the forest and levee roads are prone to washouts and flooding in storms, as are some of the bottomland farm roads.

Under the "Site Notes" I've sometimes identified specific locations where gas, food, or other services may be available. Please don't take these as endorsements of fine food or good service—they are mentioned here as a convenience.

## Safety

Many of the sites are on or around the Shawnee National Forest, which is open to hunting. There are multiple seasons (archery, rifle, etc.) for deer, turkey, quail, and waterfowl, so exercise extreme caution when birding in areas open to hunting.

Southern Illinois is home to three venomous snakes: water moccasin (cottonmouth), copperhead, and timber rattlesnake. Be cautious where

you step, especially in lowland forest areas like Oakwood Bottoms. If you are bitten, seek immediate medical attention.

Deer ticks may carry Lyme disease and other maladies. Check for ticks after all your birding adventures. Less serious but quite unpleasant are the chiggers. Staying on trails and avoiding areas with tall grass keeps most chiggers off of you. Mosquitoes are also a problem, especially during a warm, wet spring, and during the summer. In the past, some of these mosquitoes carried West Nile disease, and perhaps they still do. Liberal application of a repellent containing DEET helps with all of the above insects.

Especially if you traverse narrow trails or wander through the forest, try to keep clear of our ubiquitous poison ivy, which can cause a painful rash.

Thunderstorms and high winds may be an issue at some times of the year. Flooding can be a problem in some areas. Exercise good judgment at fords. Stay out of canyons at Pomona, Giant City State Park, and Little Grand Canyon during thunderstorms.

Finally, if you're birding here in the summer, keep the high heat and humidity in mind. Heat exhaustion and heat stroke are serious matters. The birds are most active early in the morning, before it gets unbearably hot. It's best to do your birding then.

### Thanks

Special thanks to Rhonda Rothrock and Don Mullison for reviewing, editing, and providing suggestions to improve both the book's content and the Jackson County bird checklist!